

Information and resources

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## Information and resources

**Our information and resources give you the know-how to tackle the occupational health and safety issues you're facing.**

We have up-to-date, authoritative material on a wide range of issues that you can access through our [free guidance and tools](#), [books and journals](#) and [information helpline](#).

Contact the media team



See our books



Be the best



### Guidance and tools

We can help you with information on a range of health and safety issues; getting competent help, managing health and safety, promoting health at work and preparing for work. [Find out more.](#)

We can also help you get to grips with important new [legislation](#).



### Books and journals

Our publishing portfolio focuses on the needs of health, safety and environmental practitioners. Have a look at our comprehensive [list of titles](#).

### Developing policy

Central to all our policies and positions is our goal of improving protection for people from serious work-related harm. We develop our policies and positions using the best available evidence and member responses to consultations. [Find out more.](#)

### Research and development

Using our research and development fund we support, research and inspire innovation. We believe there's no substitute for commissioning original research and developing solutions to practical problems. Launching new research enhances our reputation as 'thought leaders' and benefits our members in their health and safety practice.

[Read about our research and development work.](#)



### Need professional advice?

We can put you in touch with one of our registered consultants to give you the advice you need. [Find out more about finding a consultant.](#)

### Information help line

Call us with your health, safety and environmental queries on:

**+44 (0) 116 257 3199**

### Link directory

Find the website you need in our [Link directory](#).

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